



MEAM TRAINING AND CONSULTANCY

To transform services
and systems for and
with people facing
multiple disadvantage



Making Every
Adult Matter

TRAINING

Our training is designed to equip staff across local systems with the tools and mindsets needed to approach multiple disadvantage in more effective ways, and improve outcomes for people, services and systems.

In-depth Training

Exploring the key skills needed for tackling multiple disadvantage:

- The MEAM Approach: understanding multiple disadvantage as a systemic issue
- Coproduction and power
- Trauma-informed systems
- Strength-based systems
- Systems thinking

Systems Leadership Development Programme

Extensive, hands-on and immersive learning to build your capability for systems change:

- Building intervention teams and finding shared purpose
- Assessing problems from a range of perspectives
- Innovation, measurement and action experiments
- Organisational learning and culture
- Convening, facilitation, and sensemaking

“Engaging, easy to digest, and led to tangible actions I can take to put the learning I have gained into practice.”

CONSULTANCY

Our consultancy support helps local areas to build effective partnerships, gain fresh perspectives, identify practical solutions to complex problems and put lived experience at the heart of local work.

Partnership Development

Strong and healthy partnerships are the foundation of system change work. We develop and co-ordinate partnerships to enable effective cross-sector approaches within local areas.

Specialist Systems Consultancy

Multiple disadvantage is not an individual issue – it's systemic. Using our Systems Intervention Approach, we help you to improve system-wide responses, providing the skills and know-how to navigate complex structures, perspectives and issues.

Co-production and Inclusion

Meaningful involvement of people with lived experience is essential for designing and delivering effective responses to multiple disadvantage. We support you to address power dynamics and embed diverse voices throughout your system.

“The system change stuff has been a real struggle, but without MEAM we wouldn't have got on the first rung.”

How we work with you

Our training and consultancy is ambitious but practical and speaks to a real-world context. We can offer:

- Flexible delivery models (online and in-person).
- Tailored methods (including 1:1 mentoring, group facilitation, and whole system events).
- Regularly updated material reflecting learning and insight from local MEAM Approach network areas.
- Optional online community platform for peer learning and support.

Get in touch to
speak to our team
about your training
and consultancy needs

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 [meam](https://www.linkedin.com/company/meam)

